



SIR BRANCH 161 NEWS

Celebrating our 28th year! *March, 2019*

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement

Alan Jarvie, Big Sir

Our thanks to Susan Heinl, Executive Assistant for the Town of Discovery Bay, for her interesting and information-packed presentation on the history of the town. Her material was originally prepared for Discovery Bay's 20th Anniversary celebration last June, and Susan expects to assemble additional information for the 25th Anniversary in 2023.



We are continuing to expand our ongoing activities, having added Cycling and Tennis in 2018. Re-starting our monthly beer-tasting group, and our co-ed bocce-ball group (using the DBCC facilities), appear to have the highest level of interest. If you would like to participate in either, or both, please let me know. And if you have any other activity that you would like to see started, let us know and we'll see about making it happen.

And one final note: last month, we had 18 members who failed to notify Bill Konold that they would not be attending our luncheon meeting. As an organization, we are responsible for paying for these lunches, and we will collect the \$19 per from those individuals. So if you're not going to make it, please remember to contact Bill no later than the Friday before the meeting.

Next Luncheon Meeting: March 12, 2019.

I look forward to seeing you then !!

In Memoriam

We were sad to hear of the passing of Ken Dickens, a SIR Branch 161 member since January 2007.

A graveside service will be held Wednesday, March 6th at the Sacramento Valley National Cemetery in Dixon. Details were communicated via email.

SIR OFFICER ELECTION

The Nominating Committee, composed of Past Big Sirs Len Fadda, Vince Vargas and Mike White, are searching for SIR Officers to serve in 2020. The election will take place at the August 13th meeting. Please contact any member of the Nominating Committee to run for the office of your choice.

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Roy Bristow, Little Sir

Our March speakers are representatives from CPR F.A.S.T. of Brentwood. Their presentation will encompass the value of AEDs in the public and private sector.



March birthdays

Steve Bordi, John Davis, Jake Fair, Dave Goodwin,
Steve Greenfield, Rich Gurney, Alan Jarvie,
Kieth Jones, Gary Leonis, Gary Lewis,
Mike Maita, Floyd McBeth, Dennis Pachucki
Vince Vargas, Dave Vincencio, Bob Young

March luncheon menu

Traditional St. Patrick's Day Luncheon

Corned Beef and Cabbage, Steamed Cauliflower & Carrots, Boiled Potatoes, with Rolls and Butter, Cookie/Brownies, Coffee & Tea.

Important note: If you have any special dietary needs, please contact Bill Konold by the Friday before the meeting.

Telephone 925-634-2738 or email
bkonold@comcast.net



Big Sir Alan Jarvie presents a Certificate of Appreciation to our February speaker



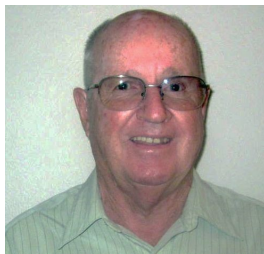
Susan Henil, our February speaker, with her extensive display of Discovery Bay exhibits

Membership, Will Myers

Since we had no guests in January, our February membership did not increase, but in fact we lost two members. Ken Dickens, a SIR member for over 16 years, passed away; while Fred Peters, a member for less than a year, decided to drop out at this time. This reduced our February branch membership down to 150.

On the brighter side, three members brought in guests to our February meeting. John Davis brought in guest Ed Young, Ed Fitzpatrick brought in guest Johnny Welton, and Paul Van Emmerik brought in guest Randy Slightan. We really appreciate these members for their efforts to increase or at least maintain our branch membership at an acceptable level.

I want to remind each member to remember to always notify Bill Konold, our Attendance Chairman, the Friday before each meeting whenever you plan to bring in a guest. In addition, I would like you to notify me also, so I can prepare a guest package which includes a welcome letter, a copy of our latest



Newsletter and a Membership Application. Such notification will both allow Bill to estimate the number of meals required for our luncheon, and me to prepare the guest package as well as award you a free bottle of wine for providing a potential new member guest.

Sponsoring new members is vital, but keeping them is equally important. Recently we had two new members drop out of our Branch after a few months because they felt somewhat abandoned and had difficulty finding a welcoming table of members at our meeting luncheons. After sponsoring a new member, we all should encourage our sponsored member to join us at our table and participate in activities of interest months after they become a Sir. Introduce these new members to your friends to encourage mutual activities of interest and conversation.

SIR Membership Requirements

Membership in Sons In Retirement is open to men regardless of age, race, color or religion. See the last page of this newsletter for more information.

2019 Branch 161 Meetings Calendar

01/15/2019 (Note 1)	07/9/2019
02/12/2019	08/13/2019
03/12/2019	09/10/2019
04/9/2019	10/8/2019
05/14/2019 (Note 2)	11/12/2019
06/4/2019 (Note 3)	12/10/2019 (Note 2)
Note 1: Third Tuesday in January.	
Note 2: Lunch with the ladies.	
Note 3: First Tuesday in June.	

March Award



Al Box receives the 25-year award from Big Sir Alan Jarvie

Bowling News, Paul Elmer



We have completed 22 of 35 weeks with Bowling Buddies (Lorraine Burt, Tony Tell, Don Odegard, Fred Critchfield) still managing to hold on to first place by 2 games over Strike Force (Videlle Marshall, Doris Cole, Linda Jensen, Greg Mattus).

There are still 12 weeks of competition left in the second half of this current season, so as we know, anything can and will happen! May the competition be enjoyable and fruitful.

Season high scores are for the men: Scratch Series; John Fry 714, Scratch Game; Mitch Wisinski; 279, Handicap Series; Curtis Manning; 756, Handicap Game; Russ Reid; 235. For the women; Scratch Series; Vicky Reid; 614, Scratch Game; Rosie Elmer; 234,

Handicap Series; Mary Pitta-Fry; 715, Handicap Game; Jean Scurlock; 276.

The Carson City tournament on April 8th - 11th is starting to fill up for desired dates and times. So if you are interested in bowling in that tournament please see Paul Elmer or John Fry for entry information.

The Livermore tournament in February had a very low turnout with only 38 bowlers. Curtis Manning and Greg Mattus were the only bowlers from branches 161 and 108 to attend and unfortunately did not place - unusual for them.

The State Tournament in May will be held at our home location (Harvest Park Bowl) on Wednesday May 15th. It is the only tournament of the year for Sirs only, no guests. The format is doubles and team and of course all-events. The team must be 4 Sirs so start thinking about organizing your teams.

Golf News, Dale Welin

Our March tournament is coming up soon. The tournament entry information is below for your reading and action. I will be at the March luncheon to get your name onto the player list and collect your \$40 for the event. At this time, we have 2 players signed up. We hope to have a good turnout for the first event of the year.



When: Tuesday, March 19, 2019

Where: Deer Ridge GC, Brentwood

Time: 8:30 shotgun

Cost: \$40.00 for green fee, cart and prize money

Format: To be announced

Cutoff date: Tuesday, March 12 at the luncheon

No changes in what you need to do. Your check should be made payable to Dale Welin. If you have any questions, please give me a call, and see you at the March luncheon.

Dale Welin

Travel, Dennis Pachucki

Various bargain-priced trips are available to SIR members through local travel agencies and other SIR branches. Look for the **Travel binder** located on the table in the Discovery Bay Country Club lobby at our monthly luncheons. Some of the available 2019 trips are listed below. For more information contact Dennis Pachucki.



March 11 – 15, 2019: Spring Training – Scottsdale, AZ.

April 6-21, 2019: Princess Hawaii Cruise R/T San Francisco.

April 24-28, 2019: San Antonio Spring Fiesta: 5 day tour includes, Fiesta Flambeau Parade, City Tour, Tower of Americas, River Walk, Alamo.

May 8-12, 2019: Golden Spike 150th Anniversary. Destination Salt Lake City .

May 10-16, 2019: Music Cities Tour . 3 nights in Nashville and 3 nights in Memphis.

May 19-26, 2019: America's Music Cities. Eight day escorted tour featuring New Orleans, Memphis and Nashville.

May 21 – June 1, 2019: Princess Alaska Cruise Tour: 7 day Land – 8 day cruise.

May 24 – June 17, 2019: Machu Picchu and Galapagos, add onto Peru Amazon Jungle.

June 3-18, 2019: Great Rivers of Europe: 18 day Grand Circle Cruise – Vienna to Amsterdam Transverse the Rhine-Mine-Danube Canal.

June 25-29, 2019: Ashland, Oregon & The Oregon Shakespeare Festival.

July 25 – Aug 3, 2019: Alpine Swiss Villages: Unpack twice, an In-Depth Look at the World Famous Bernese Oberland, Plus Swiss Confederation (National) Day Celebration.

August 8-16, 2019: U.S. and Canadian National Parks.

Aug 23-Sept 3, 2019: Crystal Alaska Cruise and Land.

Aug 23 – Sept 9, 2019: Princess Cruise Iceland and Norway on the Pacific Princess.

Sept 3-13, 2019: Princess Cruise Alaska – Grand Princess: R/T San Francisco.

Sept 7-22 2019: Taste of Bordeaux.

Sept 3-10, 2019. 7 day Crystal Alaskan Cruise

Sept 5-18, 2019 Tuscany & Rome Italy

Sept 20-28/2019 Captivating Cascadia – A Custom Nine Day Cruise/Tour

Oct 11-18, 2019 Niagara Falls and the Grand Hotel

Oct 13 – 20, 2019 Princess Cruise Pacific Northwest: 7 Day

Oct 18-25, 2019 Niagara Falls & Grand Hotel

SIR Activities, Dick Donald

We're always looking for new activities among SIR. If you have a suggestion for an activity not currently supported, let us know and we'll see if we can get a group going. You can contact me at 513-2849 or: email DickDonald@Yahoo.com.



Following are some ongoing SIR activities, including details on current plans.

Wine Tasting – Dick Donald – 513-2849

The next wine tasting will be at 5 PM on Thursday, March 28th, hosted by Gary and Linda Tucker. If you are interested in attending this very popular activity please contact Dick Donald at the number above, or email DickDonald@Yahoo.com.

Pickleball - Bob Lyman – 628-7906

You ever play a racquet sport of any kind and have the energy to use those skills again, come check out pickleball. Great game for both men and women, lots of good social interaction and the fastest growing sport in the country. With the best courts in Contra Costa County right here in Discovery Bay. Play is at the Cornel Park pickleball courts and current drop in play times are Tues, Thur & Sat at 9am (WEATHER PERMITTING!!!). Best time for learning is Saturday and we have all the equipment. Have any questions, check with SIR players Dennis Pachucki, Phil Talley, Greg Moran, Don Patterson, Terry Silva, Randy Zierau or Bob Lyman.

SIR Cyclers - Jerry Wiebe - 916-206-9221

The SIR Cyclers ride weekly on Thursday mornings at 9:00 A.M. and includes spouse and friends. The Cyclers most commonly meet at Jerry's home in Discovery Bay for a moderate ride into Brentwood and back on the much improved Balfour Road that now in-

cludes the added safety of bicycle lanes in both directions all the way into Brentwood and beyond. Midway they usually include a stop to enjoy a cup of coffee and perhaps a snack and good conversation. Some weeks they travel to other nearby towns' bike trails that provide a new experience. A message is emailed weekly to inform interested participants of the riding plan for that week.

If anyone would like to join in, contact Jerry Wiebe by phone or email to be added to the weekly email distribution. We look forward to and encourage new members joining us on our rides.

Tennis - Tom Snyder- 634-5289

Tennis is a new activity that was added this year. It is a mixed coed group similar to the pickle ball group. We play Monday, Wednesday and Saturday at the Discovery Bay community center starting at 8:00 am. Players rotate in so that everyone plays. It is an easy going tennis group that usually ends up at Starbucks afterwards. Sometimes, we go out for breakfast or lunch, especially is the weather is not good. Contact Tom Snyder if you have any questions.



Dinner With The Ladies, Dennis Pachucki

When: March 26, 2018

Where: Sweeney's Grill & Bar, 301 Oak Street, Brentwood

Time: Arrival & Cocktails starting at 5:00 pm
Dinner served at 6:00 pm



Menu Choices: Salad, dessert & non-alcoholic beverage (soft-drink, water, coffee) are included.

Entrees:

- Sirloin Steak with mashed potatoes and fresh vegetable
- Grilled Fresh Salmon with rice and fresh vegetable
- Jumbo Fried Shrimp with rice and fresh vegetable
- Grilled Chicken Breast with mashed potatoes and fresh vegetable

Cost: \$26.00 per person (includes tax and tip)

Deadline: We need your RSVP no later than Thursday, March 20; There will be envelopes at our General Meeting on March 12.

Please send your checks to me in advance.

Please make your checks out to Dennis Pachucki 2125 Sand Point Road, Discovery Bay 94505,
408-309-5206

Sweeney's is located at 301 Oak Street (at the northwest corner of 1st Street) in downtown Brentwood.

----- Detach and mail with your check -----

Your Name(s):

Phone:

Your Menu choice(s):

☐

Sirloin Steak with mashed potatoes &
fresh vegetable

☐

Grilled Salmon with rice &
fresh vegetable

☐

Jumbo Fried Shrimp with rice &
fresh vegetable

☐

Grilled Chicken Breast with
mashed potatoes & fresh vegetable

SIR Day At The Races



Turf Club-\$41/person
March 29, 2019
Friday



The February sign-up deadline has obviously passed, but if you missed it and would still like to attend, please call me right away and I'll see if I can make it happen !!

Alan Jarvie 408-219-8240



**SIR Day at the Park
A's vs Giants**

AT THE OAKLAND A's



**2nd Annual Bay Area Series
Sunday, 1 pm, August 25th, 2019, Coliseum
\$ 52, deadline June 1st, section 106-shaded**



**Check: Lee Moy, Amount: \$ 52
Mail: 127 N. Helm Ave, Clovis, CA 93612
include: self-stamp return envelope**

Lee Moy-(559) 709-9851
State SIR Sports
LeeHealthStudio@gmail.com

SIR Annual Golf Adventure

Saddle Creek Golf Resort

May 1 – 3, 2019

Name: _____

DAY 1 GOLF (MAY 1) \$67/person _____

DAY 1 PRIZE FUND \$5 / person _____

MAY 1 DINNER \$29.95/person _____

MAY 1 BUNGALOW \$65/person _____

(4) occupants

DAY 2 GOLF (MAY2) \$67 / person _____

DAY 2 PRIZE FUND \$5 / person _____

MAY 2 APPETIZERS \$12.50 / person _____

MAY 2 DINNER \$29.95 / person _____

MAY 2 BUNGALOW \$65/person _____

(4) occupants

Deposit Due by March 12

Balance Due by April 9

Bungalows no refunds after April 15

Golf no refunds after April 15

Food no refunds after April 20

For additional details contact Roy Bristow:

Cell (925) 481-8950

Email roybristow1@gmail.com

Membership Requirements & Principles

(revised 2019)

Membership is open to men, regardless of age, race, color, or religion. Member volunteers and staff administer and govern all branch activities. Nominal membership dues help provide for these activities. SIR supports no outside cause or interest. We prohibit discussions of politics and religion or the selling of anything to any member. Prospective members must be sponsored by an active member.

Attendance Policy *(Revised July, 2012)*

Luncheon meetings are normally held on the second Tuesday of the month at the Discovery Bay Country Club, 1475 Club House Drive. (There are exceptions when we need to hold our meetings on a different Tuesday, so please check the Meetings Calendar elsewhere in this newsletter).

Social hour is at 11.00am and lunch is at noon. All members are expected to attend Luncheon meetings unless prevented by illness, absence from the Branch locale, or acting as a caregiver to a spouse or companion. If you cannot attend, you are required to notify the Attendance Chairman by the Friday prior to the luncheon meeting or you may be charged for the luncheon.

Regular members missing three consecutive meetings without notifying the Attendance Chairman, or missing more than five (5) meetings within the last 12 months for any reason (not counting May and December), will have their membership reviewed by the Branch Executive Committee (BEC), and may receive a notice from the BEC of their decision to consider terminating the absent Sir's membership.

Certification of attendance at another branch will be considered a credit to attendance.

Responsibility Clause

All tours, trips and other activities for or by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the participants, or in any matters pertaining to tours, trips, or other activities.

Reminders

Annual dues defray the administrative costs of running our organization. For those who have yet to pay their dues, be sure to bring \$20 cash or check (made out to SIR Branch 161) to the next meeting. Or you can mail it to our Treasurer, Jerry Wiebe.

Dress code for our meetings is "Country Club Casual", which means no jeans or denim, cutoffs or exercise shorts, shirts must have a collar, no tank tops or T-shirts, no flip-flops or thong type sandals. Please ensure that your guests are aware of this policy. Simple etiquette requires that hats be removed while in the dining room.

If you're unable to attend a meeting, our Branch is obligated to pay for lunches not served. Please email or call Bill Konold by the Friday preceding the meeting if you don't plan to attend.

Bill Konold, bkonold@comcast.net

Tel: 634-2738

Your newsletter team



Tom Jones

*Editor and email
distribution*



Dennis Pachucki

*Paper copies
and USPS mailing*

Let us know if we can improve this publication.