

SIR BRANCH 161 NEWS

Celebrating our 28th year! June, 2019

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement

Alan Jarvie, Big Sir

Remember, our next lunch meeting is June 4th, the 1st Tuesday of the month. Please mark the date on your calendar, and if you can't make it, be sure to contact Bill Konold.



By all accounts, the Mothers Day Luncheon was a huge success. Kudos to Little Sir Roy Bristow, singer Bill Ramirez, and to Jenelle Tissot and the DBCC team!

As you know, "Activities" have been an area of focus for us, and our two most recent additions, Tennis and Cycling, are both off to a strong start, as is Bocce, which we re-started in April. As always, if you have an activity that you, and potentially others, would enjoy, just let any BEC member know, and we'll get to work at seeing how we can make it happen.

Friends of Lou Bruton

As you know, Lou lost his home in the Paradise fire this past summer. He had moved into a retirement facility in Chico shortly after, but now he has moved again. His new address is:

Lou Bruton, c/o The Oakmont, 2801 Cohasset Rd. #234, Chico, CA 95973

Home phone is 530-809-4635

Cell phone is 925-727-2564

2019 Branch 161 Meetings Calendar

01/15/2019 (Note 1)	07/9/2019
02/12/2019	08/13/2019
03/12/2019	09/10/2019
04/9/2019	10/8/2019
05/14/2019 (Note 2)	11/12/2019
06/4/2019 (Note 3)	12/10/2019 (Note 2)
Note 1. Third Tuesday in January	

Note 1: Third Tuesday in January.

Note 2: Lunch with the ladies.

Note 3: First Tuesday in June.

Next Luncheon Meeting: June 4, 2019.

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Roy Bristow, Little Sir

The Mother's Day Luncheon was very well attended, thanks to many of our members working overtime to secure additional late ticket sales. Many of our guests were complimentary of the menu and the ser-



vice was spot on. The Discovery Bay CC Staff was very accommodating and contributed greatly to ensure

that everyone enjoyed a pleasant dining experience.

We shared a bit of a different agenda this year, introducing entertainment and dancing before, during, and after the event and meeting. Singer / Songwriter Bill Ramirez was an instant favorite according to many of our guests.



It was nice to think "A Little Outside-The-Box", and have fun doing it!

It was paramount that we insured that everyone in attendance felt welcome. As is our Mother's Day custom, all of the ladies were presented with a red rose upon arrival.

During the meeting, the "Loving representatives of 'Sirs Past'" were introduced. Joining us were Lourdes Baird, Dorie Berry, Joan Dueming, Shirley Jennings, Evadene Kirkpatrick, Connie Ryan, Rosie Sizneros, Phyllis Nichols, Ila Sindell, Bernadine Sparks, and Ms.Clifford Winston from SIR Branch 108.

Further, there were six Past Sirs with their spouses & guests joining us for the event, as well as a Charter Member of Branch 161 & his spouse. All were recognized and received a welcoming round of applause.

Another event that took place since our last newsletter was the Saddle Creek Golf outing, May 1-May 3. Saddle Creek is a great golf resort venue in the foothills of Copperopolis. It was attended by some 30 of our SIR Golf Enthusiasts. We played two days of Troon golf, with evenings spent enjoying appetizers and beverages before dinners of Saddle Creek's finest cuisine. Accommodations were first rate in bungalows alongside the first and ninth fairways. The staff is second to none. They were pleasant, helpful, and did everything possible to make our stay a memorable one. This was our second annual trip to Saddle Creek and this was even better than last year. We will sponsor this event again next year. Plan to join us. You do not want to miss this!

JUNE 4 SPEAKER: Dr. Dale Giessman, D.C. Sports Medicine, Golf, Bowling, Cycling, etc. AFTER AGE 65... You need to know !

JULY 9 SPEAKER: Al Sauvadon HAPPY BIRTHDAY AMERICA! With an Honor Guard, a Brass Band, Soloist, and more. You don't want to miss this!

June birthdays

Ed Coats, Jack Disney, John Hull, Jim Jenkins, Richard Lutz, Daniel Meckfessel, Karl Mygrant, Phillip Newlin, Doug Pagano, Todd Ramsdell, Bob Rix, Walter Shiplov, Tom Snyder, Lowell Thomas, Dennis Ward, Dale Welin, Micheal White

June luncheon menu

Bread Sticks or Rolls & Butter Chicken Cordon Bleu, Steamed Red Potatoes, Broccoli with Cheese Sauce. Dessert: Cookies and Brownies Includes Ice Tea & Coffee

Mothers Day Luncheon Meeting Report—Bob Damico

Little Sir Roy Bristow "Hit it out of the park ", with an awesome Mother's Day Lunch program.

It started by Roy welcoming everyone, our Pledge of Allegiance, and the invocation by Norm Spencer, who



included a couple of jokes (ala Gary Hess). Then Roy expressed regrets from our Big Sir Alan Jarvie for his absence, and introduced himself. He then gave special recognition to several attendees, and a special introduction of his own Mother and Father, who were in attendance.





Jack Bree and Amanda

Then the fun began with our entertainment before, during and after lunch (a very nice meal prepared by the Discovery Bay County Club). We were entertained by the talented singer and songwriter Bill Ramirez, who sang a variety of our old favorites. Bill was joined after lunch by our very own Little Sir Roy Bristow, who sang 3-4 songs for us in typical Las Vegas Style and who also started (with Joanie) the dancing frenzy. Roy and Joanie were the first to start dancing, which led to nearly everyone getting up and "cutting the rug". Jack Bree and his Lady logged the most time on the dance floor, giving inspiration to everyone.

In a nutshell, a great time was had by all. Kudos go out to Roy for all his hard work putting it together and making it all happen. And of course kudos to his wife Joanie for her support and help in his success.

Now, for those that missed it, we're sorry, but there will be another opportunity soon. Mark your calendars for December 10, 2019. That will be our Annual Ladies Christmas Luncheon, and Roy is in charge of that too! Expect another exciting time, so don't miss it!



SIR Travel, Dennis Pachucki

Various bargain-priced trips are available to SIR members through local travel agencies and other SIR branches. Look for the **Travel binder** located on the table in the Discovery Bay Country Club lobby at our monthly luncheons. Some of the available 2019 trips are listed below. For more information contact Dennis Pachucki.

July 25 – Aug 3, 2019: Alpine Swiss Villages: Unpack twice, an In-Depth Look at the World Famous Bernese Oberland, Plus Swiss Confederation (National) Day Celebration.

August 8-16, 2019: U.S. and Canadian National Parks.

Aug 23-Seprt 3, 2019: Crystal Alaska Cruise and Land.

Aug 23 – Sept 9, 2019: Princess Cruise Iceland and Norway on the Pacific Princes.

Sept 3-13, 2019: Princess Cruise Alaska – Grand Princess: R/T San Francisco.

Sept 7-22 2019: Taste of Bordeaux.

Sept 3-10, 2019. 7 day Crystal Alaskan Cruise

Sept 5-18, 2019 Tuscany & Rome Italy

Sept 20-28/2019 Captivating Cascadia – A Custom Nine Day Cruise/Tour

Oct 11-18, 2019 Niagara Falls and the Grand Hotel

Oct 13 – 20, 2019 Princess Cruise Pacific Northwest: 7 Day

Oct 18-25, 2019 Niagara Falls & Grand Hotel

Bowling News, Paul Elmer

After 35 weeks of competition in the winter Monday SIR Bowling League, the team of "Bowling Buddies" (Lorraine Burt, Tony Tell, Fred Critchfield) won both



the first and second half of the season, thereby being league champions and having their names engraved on the Elwood Davis-Jim Heck Memorial Trophy. Well done!

The summer session has started and is in the second week of 15 weeks. We have only eight teams for the summer and could certainly use any bowlers that would like some friendly competition.

The SIR State Tournament was held on May 15th at our own Harvest Park Bowl with 106 bowlers in com-

petition. Branches 161 and 108 had 17 of the 106 bowlers and some did quite well. Keith Jones and Ron Wilson came in 1st in the "A" Division doubles. Keith also came in 7th in "A" Division All Events and 4th in All Events Scratch Division. All Events "A" Division also saw Greg Mattus and Mitch Wisinski come in 8th and 10th respectfully. Jerry Marshall and Greg Mattus came in 7th in the Doubles "B" Division and Fred Critchfield placed 12th in All Events "B" Division. I think that we did very well with our 17 entries.

The next tournament is in Pacheco on June 5th and 6th at Paddock Lanes. The next large tournament will be held in Carson City on August 12th - 15th. This tournament takes the place of the one usually held in Reno at the Bowling Stadium while that facility is undergoing renovation. This one usually has over two hundred in competition.

Golf News, Dale Welin

Our May golf tournament was rained out and for course conditions at Lone Tree GC. That tournament WILL NOT be rescheduled, as our schedule is complete for the rest of 2019.

The June tournament is scheduled for Tuesday, June 18 at The Reserve, Stockton. The entry information for the event was sent to you last week. If you paid the green fee for Lone Tree, you have a credit and it can be used for June. See you at the June 4 luncheon.

If you have any questions, please call Dale Welin, 561-9463.

Dinner With The Ladies, Dennis Pachucki

When: June 25, 2019

Where: Tao San Jin Restaurant, 5867-A Lone Tree Way, Antioch CA

Time: Arrival & Cocktails starting at 4:45 pm, Dinner served at 6:00 pm

Menu: (Non-alcoholic beverage included)

- Flaming Po Po Platter
 Crispy Chicken with Two Sauces
 Broccoli Beef
 Honey Walnut Prawns
- Chicken Chow Mein Steamed Rice

Tao San Jin does not open until 4:30PM. If you come earlier you will be waiting outside. The owner has requested that you use cash for your drinks.

Cost: \$30.00 per person (includes tax and tip)

Deadline: Need your RSVP no later than June 20 – there will be envelopes at our General Meeting on June 4, 2019. If you will please send your checks to me in advance, that will be helpful.

Please make your checks out to Dennis Pachucki 2125 Sand Point Road, Discovery Bay 94505, 408-309-5206

Tao San Jin is located in the Empire Shopping Center:

From Discovery Bay, take Hwy 4 to Marsh Creek, turn left and continue on Marsh Creek to the Bypass and turn right (north). Exit the Bypass at Lone Tree Way, go east (right) on Lone Tree Way and move into the left lane. Turn left at the SECOND stop light (Shady Willow Lane). Take the first right, go straight to the first stop sign and turn left; Tao San Jin will be on your left.

----- Detach and mail with your check ------

Your Name(s):

Phone:





SIR Activities, Dick Donald

We're always looking for new activities among SIR. If you have a suggestion for an activity not currently supported, let us know and we'll see if we can get a group going. You can contact me at 513-2849 or:



email DickDonald@Yahoo.com.

Following are some ongoing SIR activities, including details on current plans.

Wine Tasting – Dick Donald – 513-2849

The next wine tasting will be at 5 PM on Thursday, June 27th. If you are interested in attending this very popular activity please contact Dick Donald at the number above, or email DickDonald@Yahoo.com.

Bocce Ball – Dick Donald – 513-2849

We are currently playing SIR Bocce Ball at 10 AM on Tuesday mornings, planning to play about 2 hours. However, there is no game on SIR meeting Tuesdays. We will make up teams on the spot using all available players. If you would like to play, just show up.

Pickleball - Bob Lyman – 628-7906

If you have ever played a racquet sport of any kind and have the energy to use those skills again, come check out pickleball. The first Saturday of the month is new player day with some snacks and coffee to enhance the experience! It is a great game for both men and women, with lots of good social interaction, and is the fastest growing sport in the country. The best courts in Contra Costa County are right here in Discovery Bay, at the Cornel Park pickleball courts. Current drop-in play times are Tues, Thur & Sat at 8 am (WEATHER PERMITTING!). Have any questions, check with SIR players Dennis Pachucki, Phil Talley, Greg Moran, Don Patterson, Terry Silva, Randy Zierau or Bob Lyman.

SIR Cyclers - Jerry Wiebe - 916-206-9221

The SIR Cyclers ride weekly on Thursday mornings at 9:00 A.M. and invite their spouses and new SIR riders to join them on their rides. They most commonly meet at Jerry's home in Discovery Bay for a moderate ride into Brentwood and back on the recently improved Balfour Road. Some weeks they may travel to other nearby towns' bike trails to enjoy a new riding experience. An email message is sent weekly to inform interested participants of the riding plan for that week.

If anyone would like to join their rides, contact Jerry Wiebe by phone or email to be added to the weekly email distribution. We look forward to and encourage new members joining us on our rides.

Membership, Will Myers

Since our May SIR meeting was the Mother's Day event, there were no guests or new member inductions for the month. Fortu-



nately we did not lose any active members, so our Branch membership remains at 151.

We are about half way thru this year and will have inducted nine new members sponsored by nine individual active members. I want to remind you that the member who sponsors the most new members for the year will be awarded a free lunch certificate in

November; So everyone still has adequate time to acquire this prize and recognition.

As I mentioned in an earlier Newsletter, it is very important to continue to encourage our newly sponsored members to remain with us and participate in SIR activities. Your SIR staff is aware of this vital issue, and our planned action will be presented in next month's Newsletter.

SIR Membership Requirements

Membership in Sons In Retirement is open to men regardless of age, race, color or religion. See the last page of this newsletter for more information.

The 26th Annual Al DiGiusto Boat Cruise and Luncheon - July 18, 2019

In 1993, 26 years ago, Al DiGiusto conceived the idea to plan a SIR event that would introduce some of the non-boating members and their wives to the world of boating in the Delta. The Sirs with boats invited members and their wives to ride with them on a cruise to one of many Delta waterfront restaurants for lunch. Al coordinated this successful event till his passing in 2005. The event continues in his honor.

This year's boat cruise and luncheon will be held Thursday July 18, 2019, and starts at the Boardwalk Grill in Discovery Bay. There will be sign-up sheets at the June and July meetings.

Menu Choices:

Chicken wrap served with a side of fresh fruit,

Chicken Caesar salad (comes with garlic bread),

Tri-tip Sandwich served with French Fries,

Fish and Chips.

Non Alcoholic Beverage, dessert, tax and tip included for \$18.00 per person. Also house wine \$5.00 glass, and draft beer \$4.00 domestic, \$4.75 premium (16 oz. size).

Agenda:

Meet at the Boardwalk Grill by 11:30 a.m. (by car or boat). Lunch will be served at noon. After Lunch we'll load-up and cruise the Bays. Or for those interested, talk to your Boat Captain, and go out on the river for a faster ride. Sign-up and meet your Boat Captain at his house and cruise to the Boardwalk. Or, walk or drive your car to the Boardwalk; we'll have boats / Boat Captains there to give you a ride after lunch. Sign-up deadline is July 11, 2019.

Detach & return this stub with payment		
Your Names:	Phone Number	
Your Menu choices:		
Chicken Wrap	Chicken Caesar Salad	
Tri Tip Sandwich	Fish & Chips	
Make check out to / Mail to: R.C. Damico 1621 Gamay Ln. Brentwood, CA 94513		
CHECK ONE		
Need a Boat Ride Have a Boat Ride - Riding with:		
Have Boat and need passengers (have room for)		
Lunch only, not interested in Boat ride		



Golden Gate Fields March 29-Friday-11 am mention SIR for: valet parking, Turf Club (buffet), program use the Gilman Street entrance collared shirts & dress slacks no T-shirts, no shorts, no athletic shoes Branch leaders see me to get into the Winners' Circle

Oakland Coliseum-Battle of the Bay Oakland A's vs San Francisco Giants August 25-Sunday-1 pm save \$ 10+ deadline: June 1, 2019 send \$52/per person, plus self-stamp return envelope to Lee Moy, 127 N. Helm Ave, Clovis





AAA Baseball River Cats vs Tacoma Rainier (SF Giants vs Seattle Mariners) April 7-Sunday-1 pm; \$21.12; section 104 print voucher for parking pre-game gathering (noon)-Knee Deep Alley Plus "Thirsty Thursday"-June 13, 7 pm, section 115 River Cats vs Omaha (KC Royals) \$22 seats/minimum 20 tickets this game deadline: May 28th

Raley Field-W. Sacramento

Chukchansi Park AAA Baseball Fresno Grizzlies vs Sacramento River Cats May 18th-Saturday, 6 pm price & section not determined yet Meet at Tioga-Sequoia Brewery-4:30 pm



Flease consider wearing SIR apparel and/or your favorite team attire Meet-n-greet fellow SIR members

Lee Moy State SIR Sports LeeHealthStudio@gmail.com





Lee Moy-(559) 709-9851 State SIR Sports LeeHealthStudio@gmail.com

Branch 161 Activities and Events

Bowling (*): John Fry or Paul Elmer

Sirs & Ladies Bowling league happens every Monday @ 9:30 am at Harvest Park Bowl. Our league consists of four-person teams, with approximately 20 teams, and consists of two seasons – a Winter session of 36 weeks and a Summer session of 16 weeks; both are sanctioned with the USBC. We bowl every Monday except for Holidays, and we always have room for more bowlers, seasoned bowlers as well as newcomers. During the year various SIR Branches sponsor Bowling Tournaments throughout Northern California; Check the state SIR website (http://www.sirinc3.org/sirBowling/index.html) for dates and details.

Golf: Dale Welin

Golf is usually on the third Tuesday of each month from March through October, at various local courses. Also, there are a number of state-wide SIR-sponsored events during the year; Information can be found on the state SIR website, https://www.sirinc2.org/golf2018.

Away Golf Tournament (*): Roy Bristow

We also have a Branch 161 Away Golf Tournament each year. It is a mens and couples, tournament in which 42+ people participated in 2018. Last year it was at the Saddle Creek Golf Resort in Copperopolis, as it is again this year, May 1-3, 2019.

Pickle Ball (*): Bob Lyman

If you have ever played a racquet sport of any kind, and have the energy to use those skills again, come check out pickleball. It's a great game for both men and women, lots of good social interaction and the fastest growing sport in the country, with the best courts in Contra Costa County right here in Discovery Bay. Play is at the Cornell Park pickleball courts and current drop-in play times are Tuesday, Thursday & Saturday at 9am (weather permitting). Best time for learning is Saturday and we have all the equipment.

Wine tasting (*): Dick Donald

Monthly on the 4th Thursday, at different hosts each month. Each couple brings a bottle of wine and an appetizer to share. The bottle is covered so that the label is not visible and is poured in 1 ounce 'tastes', which is graded on a scale of 1 to 5 by each participant. At the end of the evening the bottles are uncovered and the scores are totaled to determine how each wine is rated.

Bike Riding (*): Jerry Wiebe

9:00 a.m. Thursday mornings, meeting at Jerry's address, 2071 Windward Point, Discovery Bay, for a weekly 13 mile ride into Brentwood, sometimes further on other routes, and when possible, a mid way coffee shop stop for a leisurely bit of group chit-chatting.

Tennis (*): Tom Snyder

Tennis is a new activity that was added this year (2019). It is a mixed co-ed group, similar to the pickle ball group. We play Monday, Wednesday and Saturday at the Discovery Bay Community Center starting at 8:00 am. Players rotate in so that everyone plays. It is an easy-going tennis group that usually ends up at Starbucks afterwards. Sometimes, we'll go out for breakfast or lunch, especially if the weather is not good.

Continued ...

Branch 161 Activities and Events (continued)

Dinner with the Ladies (*): Dennis Pachucki

SIR Dinner with the Ladies is a well attended event. We have 8 annual events at various local restaurants. Dinners are typically the last Tuesday of the month, 5:00 PM socialization and 6:00 PM dinner. All Sirs and ladies and their guests are welcome. Look for dates and locations in our Monthly newsletter.

Poker: Dick Donald

SIR Poker is a weekly, low-stakes poker game. It's played every Monday evening at 6:30 through 9:30. Games are quarter-limit dealer-choice and the dealer antes a quarter for everyone. A schedule is made with a different host and six additional players each week. Everyone plays about seven times over two and a half months.

Annual Al DiGiusto Boat Cruise and Luncheon (*): Bob Damico

In 1993, Al DiGiusto conceived the idea to plan a SIR event that would introduce some of our non-boating members and their wives to the world of boating in the Delta. Sirs with boats invited members and their wives to ride with them on a cruise to one of many Delta waterfront restaurants for lunch. Al coordinated this successful event until his passing in 2005, and the event continues in his honor. This year's boat cruise and luncheon will be Thursday July 18, 2019, and starts at the Boardwalk Grill in Discovery Bay. There will be sign-up sheets at the June meeting.

Eric Jensen Memorial Collector Car Show: Bill Konold

Our September meeting is also the SIR Collector Car Show. So polish that Collector Car of yours and bring it to the meeting. Any interesting car, old or new, is welcome. Got a new Hemi, a cool Corvette, or an old Mercury? Bring it to the September meeting and park with other SIR car enthusiast members. Tire kicking is both before and after the meeting, so arrive a little early, stay a little late, and enjoy the machinery.

Christmas Lights Boat Ride (*): Dick Donald

A mid-December evening ride with "Captain Morgan" on the waterways of Discovery Bay, to observe the Christmas light displays. We'll have an appetizer tray provided by the Boardwalk restaurant, and drinks will be available for purchase aboard.

Sporting Events (*):

The state SIR organization puts together special "SIR Days" for a variety of sporting events, such as A's & Giants games, Golden Gate Fields horse racing, Sacramento River Cats, AAA baseball, etc. Information on these events can be found on the state SIR website (http://www.sirinc.org/siractivities/SIR_sports.htm), and flyers are routinely included in our monthly newsletter.

Bocce Ball (*): Dick Donald

We are re-starting our weekly game, and we will once again use the Discovery Bay Country Club facilities.

Beer Tasting: Temporarily on hiatus.

(*) denotes a co-ed and/or couples activity. Details & schedules of individual activities can be found in our Branch 161 monthly newsletter. Contact information for coordinators can be found in the current Branch 161 Handbook.

Membership Requirements & Principles

(revised 2019)

Membership is open to men, regardless of age, race, color, or religion. Member volunteers and staff administer and govern all branch activities. Nominal membership dues help provide for these activities. SIR supports no outside cause or interest. We prohibit discussions of politics and religion or the selling of anything to any member. Prospective members must be sponsored by an active member.

Attendance Policy (Revised July, 2012)

Luncheon meetings are normally held on the second Tuesday of the month at the Discovery Bay Country Club, 1475 Club House Drive. (There are exceptions when we need to hold our meetings on a different Tuesday, so please check the Meetings Calendar elsewhere in this newsletter).

Social hour is at 11.00am and lunch is at noon. All members are expected to attend Luncheon meetings unless prevented by illness, absence from the Branch locale, or acting as a caregiver to a spouse or companion. If you cannot attend, you are required to notify the Attendance Chairman by the Friday prior to the luncheon meeting or you may be charged for the luncheon.

Regular members missing three consecutive meetings without notifying the Attendance Chairman, or missing more than five (5) meetings within the last 12 months for any reason (not counting May and December), will have their membership reviewed by the Branch Executive Committee (BEC), and may receive a notice from the BEC of their decision to consider terminating the absent Sir's membership.

Certification of attendance at another branch will be considered a credit to attendance.

Responsibility Clause

All tours, trips and other activities for or by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the participants, or in any

Reminders

Annual dues defray the administrative costs of running our organization. For those who have yet to pay their dues, be sure to bring \$20 cash or check (made out to SIR Branch 161) to the next meeting. Or you can mail it to our Treasurer, Jerry Wiebe.

Dress code for our meetings is "Country Club Casual", which means no jeans or denim, cutoffs or exercise shorts, shirts must have a collar, no tank tops or T-shirts, no flip-flops or thong type sandals. Please ensure that your guests are aware of this policy. Simple etiquette requires that hats be removed while in the dining room.

If you're unable to attend a meeting, our Branch is obligated to pay for lunches not served. Please email or call Bill Konold by the Friday preceding the meeting if you don't plan to attend.

Bill Konold, bkonold@comcast.net

Tel: 634-2738

Your newsletter team



Tom Jones

Dennis Pachucki Editor and email



Paper copies

View SIR Happenings, the State SIR newsletter: http://www.sirinc.org/sirhappenings/