



## Branch #161 News

State President: Floyd Kendrick 650-948-7470 Director Region 6: James Stedman (925) 932-1636 Governor Area 24: Ron Marguglio 925-855-1008

Volume 10, Issue 3

March, 2010

### OFFICERS

**BIG SIR:** BOB DAMICO  
634-0465  
**LITTLE SIR:** VINCE VARGAS  
516-5915  
**SEC'Y** REMY GIANNINI  
634-7007  
**ASS'T SEC:** RAY SERAFIN  
516-8321  
**TREAS:** TONY PACHECO  
240-0523  
**ASS'T TREAS** MIKE REICH  
634-7970

### DIRECTORS

TOM KIRTLEY 240-8071  
LOWELL ONSTAD 516-8468  
MIKE WHITE 634-0415  
DALE WELIN 516-9463  
LEN FADDA 513-0738  
JIM HECK 634 6142

### ATTENDANCE:

LEN FADDA 513-0738

### MEMBERS:

LEN FADDA 513-0738

### PROGRAMS:

VINCE VARGAS 516-5915

### DINNER WITH THE LADIES

MIKE WHITE 634-0415

### BOWLING :

TOM KIRTLEY 240-8071

### BRIDGE:

LEX OVERZET 634-4614

### TRAVEL: COORDINATOR

TBD

### NEWSLETTER EDITOR:

WAYNE BERRY 634-7063

### NEWSLETTER SUPPORT

LAVAN BOCK 513-1070

### NEWSLETTER DISTRIBUTOR:

FRANK TISCH 516-7389

### GOLF:

DALE WELIN 516-9463

### CHAPLAIN:

GARY HESS 634 5114

### SONG LEADER:

HOWIE FISHER 634-0490

### AUDIT

LOU BRUTON 634-8283

### GREETING CHAIRMAN

REMY GIANNINI 634-7007

### ACTIVITIES CHAIRMAN

DICK DONALD 513-2849

### WEBSITE EDITOR

TOM JONES 634-7026

### SUNSHINE

LLOYD SKJERDAL 240-5630



Comments from Big Sir Bob Damico  
Our March meeting will be held on the  
Second Tuesday, March 9<sup>th</sup>

### Spotlight on Activities:

Two new successful activities have sprung up already this year: "Wine Tasting" and "Theatre for SIRs at the El Campanil". "Hats off" to Dick Donald (Activities Chairman) and Al Ciaramella, and Little SIR Vince Vargas for their efforts in making these new events a success.

One of our most successful activities, "Dinner With The Ladies", continues to be successful under the direction of Mike White. Mike and his wife Nadine have done an outstanding job for us for over a year; but will be stepping down at the end of this year. We need a volunteer to take over these dinners in January of 2011. It's a great opportunity to get to know your fellow SIRs and their spouses, and get introduced to (and introduce SIRs to) the many good restaurants in our area. If you are interested in serving your SIR membership by heading up this dinner activity, contact Mike (he'll help you "get up to speed" before 2011).

All of our activities need your support to be successful, but they also require dedicated volunteer(s) to "make it happen". These folks work hard for us,, so let them know that you appreciate what they do: Golf (Dale Welin), Bowling (Tom Kirtley), Bridge (Lex Overzet), Pickle Ball (Bob Lyman) , Poker (Dick Donald) , RVing (LaVan Bock), Wine Tasting ( Dick Donald/Al Ciaramella), Dinner with the Ladies (Mike White), Model Railroading (Vince Vargas), Tennis (Frank Tisch), or "Wishin you were Fishin" and Men's Breakfasts (Ray Serafin); and remember, the SIR Movie Discounts at the Rave and Delta Cinema are still in effect (if you need discount cards, contact Eric Jensen). These guys have one common goal: To help make your SIR experience (your retirement years) the best they can be.

In case you haven't guessed/heard...the January "Guess Who SIR" is Loyd Sindel. Yes, he has walked away from several airplane crashes (Radio Controlled Airplanes). See if you know this Month's "Guess Who SIR".

Be Safe, Healthy, and Enjoy Your Retirement. Remember, We're NOT old, we just have Seniority... Thank you for your continued support, and I look forward to seeing you at our March Meeting.

Big SIR Bob Damico

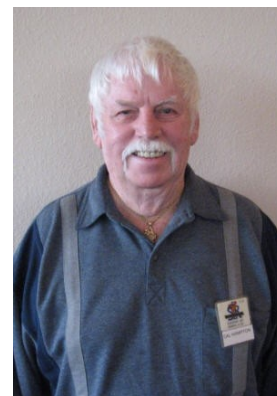
### Thoughts and Prayers

We're sad to report that our fellow SIR Joe DeHope passed away February 19, 2010 from complications resulting from his recent Heart Attack. Joe was a loyal SIR since 1994, and served as BIG SIR in 2000-For that we are grateful. Please Keep Joe and his family in your thoughts and prayers.

**REMINDER:** If you can't make it to our March 9 meeting, please notify Len Fadda by the Friday before the meeting, and equally important: if you are bringing a guest, also notify Len Fadda. It is important for our lunch count to be accurate (lunches prepared for "no-shows" cost us \$\$).

### **NEW MEMBER**

My name is Cal Hampton; I transferred from Brentwood SIR Branch 108. Two years ago I moved to Brentwood from Antioch, where I lived for 30 years. I was a San Francisco Chronicle distributor for 22 years, and prior to that was in the restaurant and super market business. I've been married to my wife Peggy for 46 years. We have 4 daughters and one son, 9 grandchildren, and 4 great grand children. I was a hunter and fisherman for 20 years, now I enjoy bowling 3 days a week. I am a member of the Professional Bowlers Association (PBA). I was in WW II and am a lifetime member of the Veterans of Foreign Wars (VFW). I look forward to new friendships and the fellowship of SIR.



CAL HAMPTON

MESSAGE from Your Little SIR - Vince Vargas

**March Guest Speaker:**

Jill Conney of Tony La Russo's Animal Rescue Foundation (ARF) is our guest speaker. All of us have or have had the joy and companionship of dogs or cats as pets in our lives. Jill will describe the activities and programs available at ARF



**March Lunch Menu**

Roast Pork Loin with gravy, new potatoes & vegetables

**Free Lunch Drawing Winners**

January: Gary Lewis and Jim Noonan

February: Lowell Onstad and Chuck Alley

**Theatre for SIRs – El Campanil Theatre**

**“In the Mood”** on February 6<sup>th</sup>, 2010 was thoroughly enjoyed by those (31) who attended from our SIRs Branch.

**Coming Attractions**

**“Preservation Hall Jazz Band”** -- Saturday, March 6, 2010 at 8:00PM

**Tickets** -- Adults -- \$25.00, Seniors (62&over) -- \$22.00

>>Contact Vince Vargas by **March 3<sup>rd</sup>, 2010**

**“The Four Freshman”** -- Saturday, April 10, 2010 at 8:00PM

**Tickets** -- Adults -- \$30.00, Seniors (62&over) -- \$27.00

>>Contact Vince Vargas by **April 2, 2010**

Depending on the number of SIRs purchasing tickets, El Campanil Theatre will discount the ticket price. If you would like to attend either or both shows please contact me. I will coordinate the ticket purchase with Rick Carraher at El Campanil Theatre.

Note: Feel free to check out their website for more information and future events.

[www.elcampaniltheatre.com](http://www.elcampaniltheatre.com)

Contact me by email at [vcvargas@sbcglobal.net](mailto:vcvargas@sbcglobal.net) or call me at **516-5915**.

**Little Sir Vince Vargas**

# SIR Activities

Following are some of the SIR Activities, including details on current plans. Feel free to call Dick Donald (513-2849) for more information on these and other activities.

## **Walking** – Bob Damico – 634-0465

SIR Walking Group meets at the Marina parking lot (near The Boardwalk) 7:30 AM every Tuesday. Come join us for a scenic and refreshing walk on the levy (takes about an hour). We have seven regulars and welcome anyone that wants to join us....



## **Poker** - Dick Donald – 513-2849

The next SIR poker game will be Thursday, March 18, at 7 PM, hosted by Dave Goodwin. This is a quarter limit dealer choice games. Contact Dave at 634-5369 if interested in playing.

## **Wine Tasting** – Al Ciaramella – 240-1932

Wine tasting is a new activity that continued with a visit to Tenuta Vineyards in Livermore on Thursday, February 25. Contact the activity chairman if you are interested in attending future events.

## **Pickleball** - Bob Lyman – 513-1939

The Pickleball players are still meeting every Monday at 9:30 am and Wednesday at 2 pm at the Discovery Bay public tennis courts on Willow Lake Rd. Beginner play is always welcome and we have both men and women playing. We play at the Discovery Bay public tennis courts on Willow Lake Road and we have all the equipment for you to try it out. If you have any interest come out and watch and we'll show you what it is all about.

## **RVers** – LaVan Bock – 513-1070

Planning continues on our RV outing planned for March 29 - April 2 at the 49er Village RV Park at Plymouth. We have 9 rigs signed up so far with room for more. If you or your friends are interested in a fun trip, let me know. Contact LaVan Bock at [lavanb@comcast.net](mailto:lavanb@comcast.net).

The February edition of SIR HAPPENINGS is available  
on the SIR website:

Go to

<http://sirinc.org/sirhappenings/index.htm>

# MARCH BOWLING NEWS

The Tournament in Carson City is going to be held on April 19, 20<sup>th</sup> and 21<sup>st</sup>. This is a 3 day singles, doubles and team event. If you think you might want to bowl in this tournament let Bill Bayer know as soon as possible. This is not a commitment on your part; Bill just wants to get an idea of who wants to bowl so he can let the Tournament Director know how many people are coming his Tournament. If you are a bowler who needs a partner or a pair who needs a team let Bill know and he do his best to get you set up with a doubles partner and team.



to  
will  
a  
the  
was  
8<sup>th</sup>

The results for the Tournament held in Stockton at Pacific Ave Bowl are in. Placing 10<sup>th</sup> in A Division Singles Fred Critchfield. Drew Hanson finished 5<sup>th</sup> in A Division Singles and 17<sup>th</sup> in All Events and Linda Manning finishing place in B Division Singles and 15<sup>th</sup> place in All Events.

Special congratulations to Terry Damico for finishing in 12<sup>th</sup> place out of 122 Bowlers at the Pro-Am tournament held recently at Earl Anthony's Dublin Bowl.

## UPCOMING TOURNAMENT'S

- March 8<sup>th</sup> & 10<sup>th</sup> Monday or Wednesday in Petaluma @ Boulevard Bowl
- March 15<sup>th</sup> 17<sup>th</sup> & 18<sup>th</sup> Mon or Wed or Thu in Concord @ Diablo Lanes
- April 6<sup>th</sup> & 8<sup>th</sup> Tuesday or Thursday in Vallejo @ Kentwig Lanes
- April 19<sup>th</sup> 20<sup>th</sup> & 21 Mon, Tue & Wed in Carson City @ Gold Dust West

## GOOD BOWLING TOM KIRTLEY & BILL BAYER

\*\*\*\*\*

# SIRS BRANCHES 108/161 GOLF NEWS – MARCH

## SIRS

We currently have 17 players signed up for the March 16<sup>th</sup> golf tournament at Lockeford Springs. We have just under a month until the day of play, but we need some more players. Please call, e-mail or notify Dale of your intention to play and we will add your name to the list. Then you can follow that by sending a check, made payable to Dale Welin.



The fee is \$36.00 at a good public golf course. The cut off is Tuesday, March 9<sup>th</sup> at the Branch 161 luncheon. We would like to hear from you.

Dale Welin



**Guess Who**

“This SIR was glued to his TV from February 12<sup>th</sup> thru 28<sup>th</sup>, 2010”

## Dinner with the Ladies

SIRs, this is the last year I will be conducting “Dinner with the Ladies”. I would like someone to step up and continue this wonderful evening. I will help you get started and understand what is required. So, please, “Step up to the Task.” Thank You Micheal



### Dinner with the Ladies

**When:** 23<sup>rd</sup> March 2010

**Where:** Tao San Jin Restaurant, 5867-A, Lone Tree Way, Antioch, CA.

**Time:** Dinner Served at 6.00 p.m.

**Menu Choices:** Egg Rolls, Fried Prawns, BBQ Spareribs, Hot & Sour Soup, Mongolian Beef, Cashew Chicken, Steamed Rice, Sweet & Sour Prawns, Sesame Chicken, Fish Fillet with Spicy Garlic Sauce and Cookies. Includes Non-Alcoholic Beverage

**Cost:** \$20.00 per person (includes tax and tip)

**DEADLINE: Need your RSVP no later then 16 March 2010 (There will be envelopes at our General Meeting on 9 March 2010. If you will please send your checks to me prior it would be helpful.**

Make your checks out to M. E. White and mail to  
2146 Sand Point Rd. Discovery Bay, CA 94505. Phone: 634-0415

-----Detach and return this stub -----

**You're Name(s)**

\_\_\_\_\_ **Phone** \_\_\_\_\_

Tao San Jin is located within the Empire Shopping Center. From Discovery Bay take Hwy 4 to the Marsh Creek road. Turn onto the Bypass, heading north. Leave the Bypass at Lone Tree Way. Go South on Lone Tree Way. As soon as you are on Lone Tree Way get into the left lane. Turn Left at the Second (2<sup>nd</sup>) Stop Light (Shady Willow Lane) turn Right at the very first Right turn. Drive straight to the first stop sign. Turn left, Tao San Jin is on your left.

## THE BRIDGE TABLE

For the second time this year we had to cancel the Bridge Game. It takes 8 players at least to play the game. The next game will be on March 23<sup>rd</sup>, keep that date open. We have 15 players and don't want to give up. Bridge is a thinking game, and we need that at our age.

Hope to see you at the March 23<sup>rd</sup> game.  
I will call before' to remind you

Thanks

Lex Overzet

As always stay Healthy

Phone # 634- 4614



### 2010 MEMBERS ANNUAL DONATION \$20.00

Name \_\_\_\_\_ Amount \_\_\_\_\_

**Make check payable to Sirs Branch #161  
Mail to: Tony Pacheco  
2111 St. Andrews Court  
Discovery Bay, CA. 94505**

### MARCH BIRTHDAY BOYS:

DON BLOTZ	STEVE BORDI	LEFTY BRABECRAY D.
JIM DORAN	JAKE FAIRNELSON FRIESEN	JIM FURLO
GODWINGARY LEWIS	DAVID LOPES	COY MADS
PHO	LOUIS SALVADOR	VINCE VARGAS
		VIC VASQI





**Make a Note!**  
Last day to obtain an  
Excused absence for next meeting is March 5th  
Call Len Fadda 513-0738 or e-mail me at  
lenandlinda1@yahoo.com  
Be sure to notify him  
If you are bringing  
A  
Guest

 SIR Branch #161  
Discovery Bay  
Visit our branch web site at  
[WWW.SIR161.ORG](http://WWW.SIR161.ORG)

 **Lloyd Skjerdal, our SUNSHINE CHAIRMAN, needs our help. He is dependent on inputs from the membership to be effective. If/when you know of the passing of a SIR or SIR spouse, or a SIR who is seriously ill, please notify Lloyd and Big SIR Bob Damico**

**In This Issue...** Big Sir Speaks, Message from Little Sir, Bowling News, Golf News, The Bridge Table, Dinner with the Ladies, and Sir Activities

**SIR MEMBERSHIP REQUIREMENTS AND PRINCIPLES**

Membership is open to men retired from full-time occupation, regardless of age, race, color or religion. There are no dues, fees or assessments. Member volunteer's staffs administer and govern all Branch activities. Voluntary member contributions provide for these activities. SIR supports no outside cause or interest. We prohibit discussions of politics and religion or the selling of anything to any member. The only requirements to join SIR are that a man be retired, or semi-retired, and sponsored by an active member.

**ATTENDANCE POLICY**

Luncheon Meetings are on the Second Tuesday of the month at the Discovery Bay Country Club, 1475 Club House Drive. Social Hour is at 11:00 AM and Lunch at Noon. All Members are expected to attend. You are required to notify the attendance Chairman if you cannot attend. Regular members missing three (3) consecutive meetings without notifying the Chairman or attending less than seven (7) meetings within the last year shall be notified by form letter no. 4 of their pending membership termination. Certification of attendance at another branch will be considered a credit to the attendance.

**RESPONSIBILITY CLAUSE**

All tours, trips and other activities for or by SONS IN RETIREMENT, INC., and its branches are for the convenience and pleasure of the members and their guests who desire to participate. SONS IN RETIREMENT, INC., and its branches do not assume the responsibility for the well being or safety of the participants or in any matters pertaining to tours, trips or other activities.